To Plan VBAC or Not to Plan VBAC? That Is the Question

Henci Goer

Resources


International Cesarean Awareness Network http://www.ican-online.org/


Speak Up: Know Your Rights http://www.jointcommission.org/assets/1/6/Know_Your_Rights_brochure.pdf

VBAC.com http://www.vbac.com/

VBAC Education Project http://www.ican-online.org/vbac-education-project/

VBAC or Repeat Cesarean Section http://www.childbirthconnection.org/article.asp?ClickedLink=293&ck=10212&area=27

Reference List

Selection Criteria for VBAC Studies

- Takes place in a developed country (rare exceptions may be made if care is unlikely to affect outcome)
- Has at least 100 participants
- Defines scar rupture as either producing symptoms or as involving all layers of the uterus and extending into other structures such as the broad ligament or bladder


Vaginal birth after caesarean for women with three or more prior caesareans: assessing safety and success. BJOG 2010;117(4):422-7.


Tahseen S, Griffiths M. Vaginal birth after two caesarean sections (VBAC-2) a systematic review with meta-analysis of success rate and adverse outcomes of VBAC-2 versus VBAC-1 and repeat (third) caesarean sections. BJOG 2010;117(1):5-19.


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