Labor Support Options:
Who Will Help You Get Through the Night?
Henci Goer

Resources

Childbirth & Postpartum Professional Association (CAPPA) http://www.cappa.net/
DONA International https://www.dona.org/

Insurance payment for labor doula services:

https://www.cigna.com/healthwellness/hw/medical-topics/doulas-and-support-during-childbirth-tn9822
http://jubileedoula.com/birthing-smart/2016/paying-for-doula-hsa-fsa
http://wholisticbeginnings.com/blog/2014/9/14/insurance-paying-for-a-doula

Simkin P. https://www.youtube.com/user/PSfromPenny/videos

Reference List


Whattoexpect.com http://www.whattoexpect.com/pregnancy/hiring-doula

### Quotation Sources


DONA International https://www.dona.org/what-is-a-doula/


Kennell J. https://www.dona.org/


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